

One Page Personal Plan

	FAMILY	FAITH	FINANCES	FITNESS	FRIENDS	WORK	PLAY	GIVE
10 - 25 Years (Aspirations)								
1 Year (Activities)								
90 Days (Actions)	START	START	START	START	START	START	START	START
90 Days (Actions)	STOP	STOP	STOP	STOP	STOP	STOP	STOP	STOP